

## Characterisation of an Aromatic Plant-based Formula using UV-Vis Spectroscopy, LC-ESI(+)-QTOF-MS and HPLC-DAD Analysis

Florina BUNGHEZ<sup>1)</sup>, Carmen SOCACIU<sup>1,2)</sup>, Florina ZĂGREAN<sup>1,2)</sup>, Raluca Maria POP<sup>2,3)</sup>, Floricuța RANGA<sup>1)</sup>, Florina ROMANCIUC<sup>1)</sup>

<sup>1)</sup> University of Agricultural Sciences and Veterinary Medicine, Faculty of Agriculture, 3-5 Mănăştur Street, Cluj-Napoca, Romania; e-mail: florinabunghez@gmail.com

<sup>2)</sup> Center for Applied Biotechnology CCD-BIODIATEC, Proplanta Cluj-Napoca, Romania

<sup>3)</sup> University of Medicine and Pharmacy "Iuliu Hațieganu" Cluj-Napoca, Victor Babes, 8, Cluj-Napoca, Romania

**Abstract.** In the present study seven aromatic herbs (basil, thyme, oregano, rosemary, clove, cinnamon and sage) were investigated and a new product was developed using a default recipe. The characterization of each plant aimed to identify the specific "fingerprint" by its main bioactive molecules and the "traceability" of these molecules in the new product. In order to determine the main bioactive compounds of the individual plants composition, in comparison with the new formula, high throughput techniques like UV-Vis spectroscopy, HPLC-DAD and LC-ESI (+)QTOF-MS were used. Based on UV-Vis spectral fingerprint (200-650 nm), it was calculated the extraction efficiency of different phenolic derivatives, higher values of phenolic acids being observed for cinnamon, rosemary, sage, while rosemary and sage had higher values for flavonoids. The richest content of phenolic derivatives was observed for rosemary followed by clove, cinnamon, oregano, thyme, basil and sage, in a range from 136.249 to 271.164 mg GAE/ 100 ml, while the concentration of phenolic compounds in the final products was 206 mg GAE/100 ml. Using LC-ESI(+)-QTOF-MS and HPLC-DAD as accurate methods to identify the main biomarkers present in the aromatic herbs and EPC, there were separated 27 molecules and made their tentative structure assignment, based on international databases. The main biomarkers of the product were identified to be flavonols (quercetin, dihydroquercetin, isorhamnetin), flavanols (catechin, epicatechin, epigallocatechin), hydroxycinnamic acids (caffeic acid, chlorogenic acid), stilbenes (resveratrol, trans-resveratrol) which may confer its antimicrobial potential.

**Keywords:** aromatic plants, phenolic compounds, antimicrobial product, HPLC-DAD, LC-QTOF-MS spectrometry, UV-Vis spectrometry

## INTRODUCTION

Aromatic plants like basil, thyme, oregano, clove, cinnamon, sage, rosemary are excellent source of secondary metabolites, in particularly phenolic compounds (phenolic acids derivatives, flavonoids) that are associated with antioxidative and antimicrobial action in all biological systems. In recent years, due to their diverse biological functions, phenols have received great attention (Yañez *et al.*, 2013).

Phenolic acids are a major class of phenolic compounds, widely occurring in the plant kingdom especially in fruits and vegetables. Considerable variation was found in phenolic compounds of different species. Because of the diversity and complexity of the natural mixtures of phenolic compounds in hundreds of herb extracts, it is rather difficult to characterize every compound and elucidate its structure, but it is not difficult to identify major groups and important aglycones of phenolic compounds.

Many aromatic plants are rich in phenolic derivatives and their health-promoting properties were related to this composition (<http://www.ars-grin.gov/duke/plants.html>).

Recent studies revealed that highly positive relationships exist between the antibacterial activity and antioxidant capacity of the extracts (Shan *et al.*, 2007). The results of this study emphasized the importance of phenolic compounds in the antibacterial activity of spice and herb extracts and also indicated that the phenolic compounds significantly contributed to their antibacterial activity (Delmas *et al.*, 2009).

It is well known that the antioxidant activity increases with the number of OH groups and methoxy group. The catechol group has the property to enhance the radical scavenging activity of the molecules due to o-quinone formation. The antioxidant activity does not change in case of esterification of caffeic acid by quinic acid leading to chlorogenic acid. The glycosylation of quercetin in rutin decreases the antioxidant activity and the antimicrobial activity (Delmas *et al.*, 2009).

The phenolic antioxidants can be also characterized by their ability to degrade cell membranes, revealing their antimicrobial activity. Their antimicrobial activity is well documented in various studies (Delmas *et al.*, 2009, Vauzour *et al.*, 2012, Shan *et al.*, 2007). Phenolic secondary metabolites can be defined as antimicrobials produced against invading pathogens and stress. In some cases the induction can be associated with the action of diphenolic oxidases (Vauzour *et al.*, 2012).

The toxicity of phenols upon the bacterial cell is related to reaction with sulfhydryl groups of proteins causing the unavailability of the substrates to microorganism (Alzoreky, 2009). Phenols action is characterized by protein precipitation and enzyme inhibition of microorganism (Shan *et al.*, 2007).

Therefore this study aims to individually investigate seven aromatic herbs (basil, thyme, oregano, rosemary, clove, cinnamon and sage) in order to develop a new nutraceutical. The characterisation of each plant aimed to identify the specific “fingerprint” by its main bioactive molecules and the “traceability” of these molecules in the new product using UV-Vis, HPLC-DAD, LC-ESI(+)QTOF-MS analysis.

## MATERIALS AND METHODS

### ***Preparation of the plant extracts***

For the present study seven aromatic plants were selected: basil (*Ocimum basilicum*), thyme (*Thymus vulgaris*), oregano (*Origanum herba*), sage (*Salvia officinalis*), cinnamon (*Cinnamomi cortex*), clove (*Eugenia caryophyllata*) and rosemary (*Salvia officinalis*). The plants were purchased from a Romanian plant market. The plants were dried at room temperature in absence of light and humidity, grounded and sieved in order to obtain a soft powder.

The new plant based formula (EPC) was obtained by mixing the plant powders according to a default recipe (20% basil, 10% thyme, 10% clove, 15% oregano, 15% rosemary, 15% sage, 15% cinnamon).

The selected aromatic plants and the new plant-based formula (EPC) were extracted in methanol (95%) acidified with 1% HCl. The plant extracts and the new plant-based formula (EPC) were then sonicated 30 min, centrifuged and filtered, in order to obtain a clear extract. The plant extracts and the new formula (EPC) were kept in deep freezer until the analysis.

### ***UV-VIS spectra and calculation of extraction factors***

The UV-Vis spectra was recorded (700-200 nm) for each plant extract and the new plant-based formula (EPC) using a Jasco V 530 spectrophotometer. There were identified the

maxima wavelengths specific to polyphenols at 280-330 nm, to flavonoids and quinones obtained by polyphenols oxidation at 390-420 nm and chlorophylls at 600-660 nm.

In case of each plant and for the new plant-based formula (EPC) the Extraction Factor (EF) was determined, considering the absorbance values ( $A_{\lambda_{\max}}$ ), multiplied with the dilution factor (d).

The results were expressed in mean values per plant and new plant-based formula (EPC).

#### ***Total phenolic content***

The total phenolic content was determined by Folin-Ciocalteu method (Folin. and Ciocalteu, 1927) using gallic acid as standard.

The calibration curve using different concentrations of pure gallic acid ( $y=0.9443x+0.0608$  and  $R^2=0.9945$ ) was useful to calculate the GAE equivalents in each plant and EPC. Results were expressed as gallic acid equivalents (mgGAE)/100 ml extract).

#### ***HPLC-DAD and LC-ESI(+)-QTOF-MS analysis***

All plant extracts and EPC extract were diluted (1:1) with methanol and aliquots of 5  $\mu$ l of each sample were subjected to two types of chromatography, HPLC coupled with photodiode array detection (HPLC-DAD) and LC-ESI(+)-QTOF-MS analysis, both using a Thermo Scientific HPLC UltiMate 3000 system equipped with a quaternary pump delivery system Dionex and MS detection by a Bruker Daltonics MaXis Impact device.

The plant metabolites were separated on the Thermo Scientific Acclaim C<sub>18</sub> column (3 $\mu$ m, 2.1 X 50 mm) at 40°C. The mobile phase consisted of 0.1% formic acid in water (A) and 0.1% formic acid in acetonitrile (B). The flow rate was set at 0.5 mL·min<sup>-1</sup>. The gradient elution initial conditions were 1% B with linear gradient to 15% B from 0 to 3 min, followed by linear gradient to 50% B at 6 min, linear gradient to 95% B at 9 min, isocratic on 95% B for 6 min and then returned to initial conditions at 15 min and kept isocratic on 1%B for 5 min. The DAD detector was set at 270 nm. The separated molecules were introduced directly into the mass spectrometer by electrospray. The mass range was set between 50-1000m/z, using a nebulizing gas pressure set at 2 bar, the drying gas flow at 8 L/min, the drying gas temp at 180 °C. Before each separation run, a calibrant solution of sodium formate was injected. The control of the instrument and the data processing were done using TofControl 3.2 and Data Analysis 4.1 (Bruker Daltonics), respectively.

## **RESULTS AND DISCUSSIONS**

### **1. Extraction factors of bioactive compounds based on the UV-Vis spectra**

The comparative UV-Vis fingerprint (200-500 nm) of basil vs thyme extract, clove vs cinnamon extract, rosemary vs sage and oregano extract, as well for EPC extract were represented in Fig. 1-4.

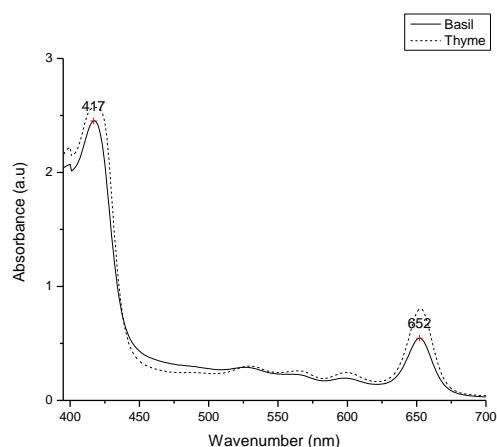


Fig. 1. Comparative UV-Vis fingerprint of basil and thyme extracts

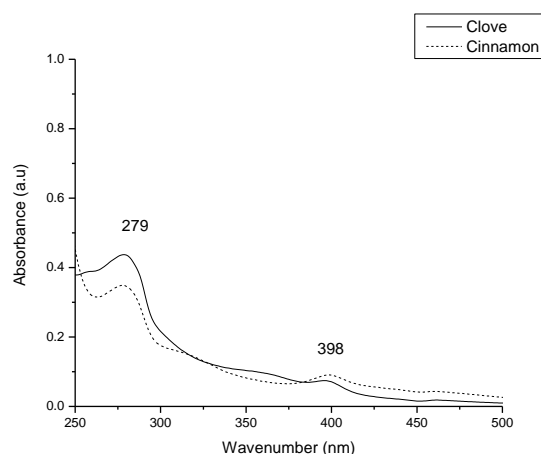


Fig. 2. Comparative UV-Vis fingerprint of clove and cinnamon extract

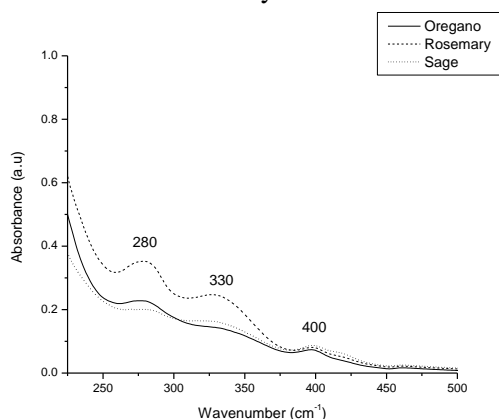


Fig. 3. Comparative UV-Vis fingerprint of oregano, rosemary and sage extract

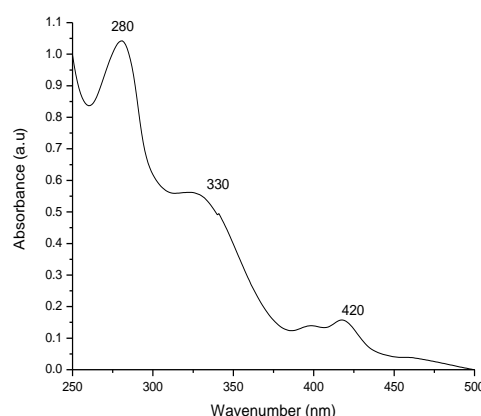


Fig. 4. UV-Vis fingerprint of EPC extract

According to the UV-Vis spectra of each plant we can observe that basil and thyme methanolic extracts contain quinones and chlorophylls (absorption peaks in the regions 400-412 nm and 600-660 nm region) (Fig.1), while clove, cinnamon, rosemary and sage (Fig. 2) are characterized by absorptions in the UV region (220-280 nm) and in the range 330-420 nm, corresponding to phenolic acids and their derivatives (flavones, flavonols, phenylpropenes and quinones). In oregano, rosemary and sage we saw similar fingerprints, oregano being the richest in phenolic derivatives (280 nm) and flavonoids (around 330 nm). The new plant-based formula (EPC) can be characterized by intense absorptions around 280 nm and also two peaks in the 330 and 420 nm region (Fig.4), indicating that it is rich in phenolic acids and their derivatives.

Tab. 2 represents the specific absorption values for each plant extract and for the new plant-based formula (EPC) as well the extraction efficiency (EF factor) was calculated according to the formula described in *Materials and Methods*.

Tab. 2

Specific absorption values for each plant and EPC extracts and EF values calculated (see *Materials and methods*)

Plant	A <sub>220-280nm</sub>	EF <sub>220-280nm</sub> (phenolic acids)	A <sub>330-420 nm</sub>	EF <sub>330-420 nm</sub> (flavonoids and quinines)	A <sub>600-660nm</sub>	EF <sub>600-660nm</sub> (chlorophylls)
Basil (D <sub>10</sub> )	-	-	A <sub>417nm</sub> = 2.53	25.3	A <sub>598 nm</sub> = 0.19569 A <sub>652 nm</sub> = 0.54651	1.96 5.46
Thyme (D <sub>10</sub> )	-	-	A <sub>417nm</sub> = 2.40	24	A <sub>653 nm</sub> = 0.80598 A <sub>599nm</sub> = 0.24476	8.06 2.44
Clove (D <sub>1000</sub> )	A <sub>279 nm</sub> = 0.43739	4.37	A <sub>398 nm</sub> = 0.07321	73.21	-	-
Oregano (D <sub>100</sub> )	-	-	A <sub>330 nm</sub> = 0.74781 A <sub>420 nm</sub> = 0.14862	74.78 14.86	-	-
Rosemary (D <sub>1000</sub> )	A <sub>278nm</sub> = 0.35226	352.26	A <sub>327nm</sub> = 0.24690 A <sub>398 nm</sub> = 0.08065	246.90 80.65	-	-
Sage (D <sub>1000</sub> )	A <sub>270 nm</sub> = 0.20093	200.93	A <sub>330 nm</sub> = 0.16186 A <sub>398 nm</sub> = 0.08787	161.86 87.00	-	-
Cinnamon (D <sub>1000</sub> )	A <sub>278 nm</sub> = 0.34855	348.55	A <sub>399 nm</sub> = 0.09078	90.78	-	-
EPC (D <sub>100</sub> )	A <sub>280 nm</sub> = 1.04179	104.18	A <sub>330 nm</sub> = 0.55168 A <sub>420 nm</sub> = 0.15384	55.17 15.38	-	-

The extraction efficiency was dependent on the polarity of the compounds found in the aromatic herbs and on the solvent polarity. In this case, a polar solvent was used for the extraction (methanol), considered as a reference solvent for extracting phenolic compounds. According to Tab. 2 high values for EF<sub>220-280nm</sub> were observed in case of cinnamon, rosemary, sage, EPC (EF=352, 348, 200 and 104 respectively). These aromatic herbs are rich in phenolic acids that are more polar molecules. The EF<sub>330-420 nm</sub> specific to flavonoids and quinones was high only in case of rosemary and sage (EF=246 and 161, respectively) and relatively low in case of oregano and EPC (EF=14 and 55). Basil and thyme were characterized by the presence of quinines and chlorophylls (less polar compounds); the EF was highest in case of thyme.

## 2. Total phenolic content

Fig. 5 presents the total phenolic content for plant extracts and EPC. The richest content of phenols was observed for rosemary followed by clove, cinnamon, oregano, thyme, basil and sage, in a range from 136.249 to 271.164. For EPC, the concentration of phenolic compounds was 206 mg GAE/100 ml, comparing to the “theoretical” concentration of 217.35 calculated according to the percentage of each plant in the final EPC formula. The difference was not significant and can be attributed to the antagonistic effects of phenolic compounds in

possible formation of stable intermolecular complexes (Peyrat-Maillard *et al.*, 2003). On the other hand, there were shown previously synergistic effects between rosmarinic acid-quercetin, rosmarinic acid-caffeic acid and antagonistic effect between:(+)-catechin/caffeic acid, caffeic acid/quercetin (Shetty and Lin, 2005).

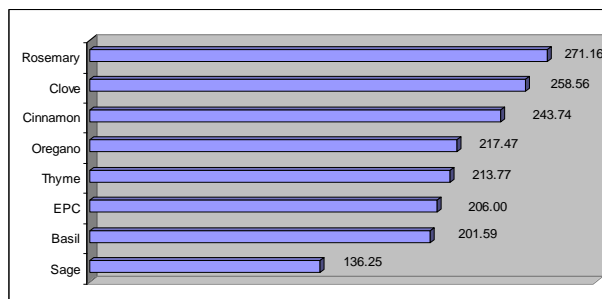


Fig. 5. Graphic representation of total phenolic content (mg GAE/100 ml extract)

### 3. HPLC-DAD and LC-ESI(+)QTOF-MS characterisation of the plants and the new plant-based formula

Fig. 6 represents the comparative HPLC –DAD chromatogram (A) and the LC-ESI (+) QTOF-MS base peak chromatogram (B) of the EPC product. The compound identification was based on their UV absorption spectra and calibrations with pure standards (for HPLC-DAD), or by m/z values of the released ions of protonated molecules  $[M+H]^+$ , identified from a specific data base ([www.phenol-explorer.eu](http://www.phenol-explorer.eu), <http://www.ars-grin.gov/duke/plants.html>).

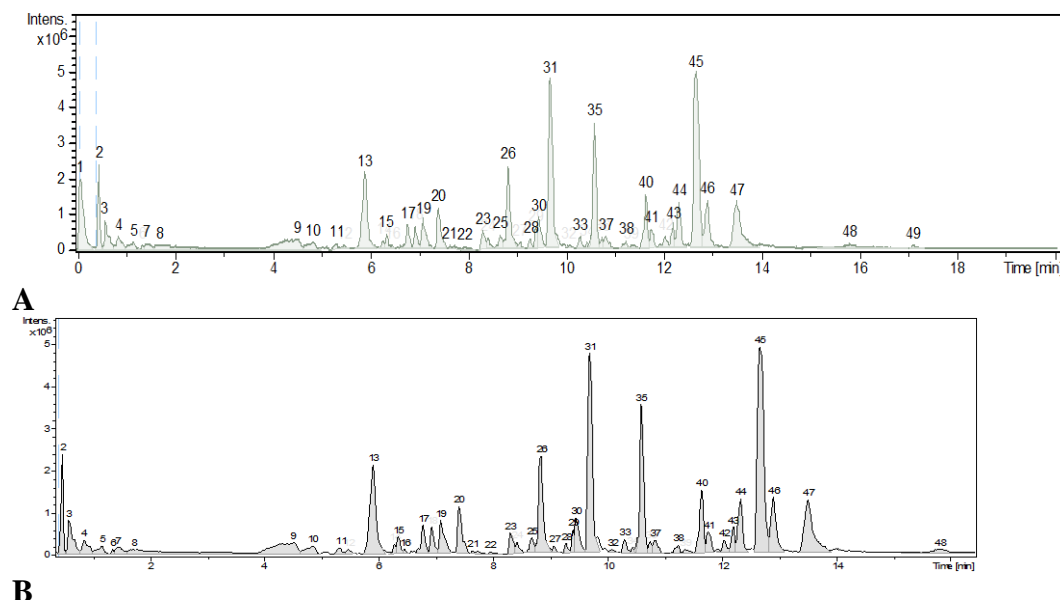


Fig. 6. Comparative HPLC-DAD chromatogram recorded at 270 nm (A) and QTOF-MS base peak chromatogram of EPC extract (B)

In the individual HPLC-DAD chromatograms of basil, thyme, oregano, rosemary, cinnamon, sage, clove showed 24 major compounds (unpublished data), while EPC specific chromatogram presented 27 major compounds, identified in parallel with LC-ESI(+)QTOF-MS.

Tab. 3 presents the compounds identified in each plant and in the new plant-based formula (EPC) by their protonated molecules and literature data (Shan *et al.*, 2007,

www.phenol-explorer.eu). In total 26 compounds were identified after comparison with published data and international database (Yáñez, 2013). According to Tab. 3 the common compounds found in each plants and in EPC are flavanols ((-) catechin, (-)- epicatechin).

The compounds can be grouped in the following classes: flavonols (quercetin, dihydroquercetin, isorhamnetin), flavanols ((-) catechin, (-)- epicatechin, epigallocatechin), isoflavones (daizdein), flavanones (naringenin, eriocitrin), stilbenes (resveratrol, trans-resveratrol, 3,4,5,4'-Tetramethoxystilbene), hydroxycinnaminic acid (sinapic acid, caffeic acid, chlorogenic acid, rosmarinic acid), isoflavonoids (biochanin A), lignans (secoisolaricresinol, 7-hydroxymatairesinol).

The new plant-based formula (EPC) can be characterized by the presence of flavonols (quercetin, dihydroquercetin, isorhamnetin), flavanols ((-) catechin, (-)- epicatechin, epigallocatechin), hydroxycinnaminic acids (caffeic acid, chlorogenic acid), stilbenes (resveratrol, trans-resveratrol, 3,4,5,4'-Tetramethoxystilbene) wich can confer the potential antimicrobial property.

In case of rosemary, clove, cinnamon, sage, thyme, basil, oregano same results were obtained by Cushnie and Lamb (2005), Shan *et al* (2007), Wojdylo *et al.* (2007) and Vauzour *et al.* (2012).

Tab. 3

LC–ESI(+)QTOF-MS data and tentative structure assignment of molecules separated from EPC product, based on the m/z values and t<sub>R</sub>, (P<sub>n</sub>) values correspond to the chromatogram numbering in Fig. 6

Peak No (P <sub>n</sub> )	Retention time (t <sub>R</sub> , min)	[M+H] <sup>+</sup> m/z	Tentative structure assignment
1(P9)	4.5	185.0422	Dihydrocaffeic acid
2 (P10)	4.9	243.0475	Isopropyl 3-(3,4-dihydroxyphenyl)-2-hydroxypropanoate
3 (P10)	4.9	221.0662	Sinapic acid
4 (P11)	5.3	355.1028	Chlorogenic acid
5 (P13)	5.4	180.1026	Caffeic acid
6 (P13)	5.7	595.1698	Eriocitrin
7 (P15)	6.5	181.086	Dihydrocaffeic acid, caffeic acid
8 (P19)	7.1	461.109	(-)-Epigallocatechin 3-O-gallate,
9 (P20)	7.5	519.1147	1,5-Dicaffeoylquinic acid
10 (P22)	7.9	151.1116	Hydroxytyrosol
11 (P23)	8.3	315.0873	Isorhamnetin
12 (P23)	8.4	274.2752	Naringenin
13 (P25)	8.4	274.2752	Pelargonaldehide
14 (P26)	8.8	285.077	Biochanin A
15 (P26)	8.8	230.2489	Resveratrol, trans-resveratrol
16 (P30)	9.5	375.1823	7-Hydroxymatairesinol
17 (P31)	9.7	359.1123	Rosmarinic acid
18 (P35)	10.6	142.7	Quercetin, dihydroquercetin
19 (P37)	11.2	309.2433	(-)-Epigallocatechin
20 (P40)	11.6	291.2329	(-)-Catechin, (-)-Epicatechin
21 (P41)	11.8	621.2723	Peonidin – 3- O- rutinoside
22 (P42)	12	273.2581	Gallic acid
23 (P43)	12.2	293.2484	Caffeoyl aspartic acid or p-Coumaroyl tartaric acid
24 (P44)	12.3	623.2887	Apigenin 7-O-diglucuronide or Isorhamnetin 3-O-glucoside 7-O-rhamnoside
25 (P45)	12.6	607.2944	Diosmin, neodiosmin, or Peonidin – 3- O- rutinoside
26 (P46)	12.9	607.2939	Diosmin, neodiosmin, or Peonidin – 3- O- rutinoside
27 (P47)	13.5	467.3176	Quercetin 3-O-glucoside (isoquercetin)

## CONCLUSION

According to the aims of this study, we obtained and characterized a new aromatic plant-based formula, intended to be used as an antimicrobial food supplement.

The formula contained plants which proved to have antimicrobial action (rosemary, clove, cinnamon, oregano, thyme, basil and sage). The characterization of individual plant ingredients and final product as methanolic extracts was made using UV-Vis spectroscopy, LC-ESI(+)-QTOF-MS and HPLC-DAD analysis.

1. Based on UV-Vis spectral fingerprint, it was calculated the extraction efficiency of different phenolic derivatives, which were selectively extracted. Higher values for phenolic acids were observed for cinnamon, rosemary, sage, while rosemary and sage had higher values for flavonoids.
2. The richest content of phenolic derivatives was observed for rosemary followed by clove, cinnamon, oregano, thyme, basil and sage, in a range from 136.249 to 271.164. For EPC, the concentration of phenolic compounds was 206 mg GAE/100 ml, comparing to the “theoretical” concentration of 217.35 calculated according to the percentage of each plant in the final EPC formula. The difference was not significant and can be attributed to the antagonistic effects of phenolic compounds in possible formation of stable intermolecular complexes.
3. Using LC-ESI(+)-QTOF-MS and HPLC-DAD as accurate methods to identify the main biomarkers present in the aromatic herbs and EPC, we separated 27 molecules and made their tentative structure assignement, based on international databases. The main biomarkers of EPC were identified to be flavonols (quercetin, dihydroquercetin, isorhamnetin), flavanols ((-) catechin, (-)- epicatechin, epigallocatechin), hydroxycinnaminic acids (caffeic acid, chlorogenic acid), stilbenes (resveratrol, trans-resveratrol) which may confer its antimicrobial potential.

In conclusion, in order to determine the authenticity and the quality of aromatic herbs and plant-based formulas there are recommended combined UV-Vis, LC-ESI(+)-QTOF-MS and HPLC-DAD analyses, as accurate methods to identify the composition of extracts with antimicrobial effects.

## REFERENCES

1. Alzoreky, N. S. Al. (2009). Antimicrobial activity of pomegranate (*Punica granatum L.*) fruit peels. *Int. J. of Food Microbiol.* 34: 244–248
2. Braga, L. J. W. Shupp, C. Cummings (2005). Pomegranate extract inhibits *Staphylococcus aureus* growth and subsequent enterotoxin production, *J. Ethnopharmacol.* 96:335-339
3. Cushnie T. and A. J. Lamb (2005). Antimicrobial activity of flavonoids, In *International J..Antimicrobial Agents.* p. 343–356
4. Delmas Dominique, F. Mazué, D. Colin, P. Dutartre, N. Latruffeet (2009). Development of promising naturally derived molecules to improve therapeutic strategies, In *Flavonoids: biosynthesis, biological effects and dietary sources*, Nova Science Publishers, Inc, Ed. Raymond B. Keller, p. 181-213
5. Folin, O. and V. Ciocalteu (1927). On tyrosine and tryptophane determinations in proteins. *J. Biol. Chem.* 73: 627-629.
6. Ma C.-M. and M. Hattori (2009). Flavan-3-ol Monomers and Condensed Tannins in Dietary and Medicinal Plants In *Flavonoids: biosynthesis, biological effects and dietary sources*, Nova Science Publishers, Inc, Ed. Raymond B. Keller, p. 273-291
7. Oszmianański J. and A. Wojdyło (2005). *Aronia melanocarpa* phenolics and their antioxidant activity, *Eur. Food. Res. Technol.* 221: 809–813



8. Peyrat-Maillard M. N., M. E. Cuvelier, C. Berset (2003). Antioxidant activity of phenolic compounds in 2,2'-azobis (2-amidinopropane) dihydrochloride (AAPH)-induced oxidation: Synergistic and antagonistic effects, *J. Am. Oil Chem.Soc.* 80(10): 1007-1012
9. Rossetto, M., P. Vanzani, L. Zennaro, F. Mattivi, U. Vrhovsek, M. Scarpa, A. Rigo (2002). Synergistic antioxidant effect of catechin and malvidin-3-glucoside on free radical-initiated peroxidation of linoleic acid in micelles. *Arch. Biochem. Biophys.* 408(2): 239-245.
10. Santos-Buelga C., S.González-Manzano, M. Dueñas, A. M. González-Paramás (2012). Analysis and Characterisation of Flavonoid Phase II Metabolites in Recent Advances in Polyphenol Research, Ed.Véronique Cheynier, Pascale Sarni-Manchado, Séphane Quideau, 249-287
11. Shan B., Y.-Z. Cai, J. D. Brooks, H. Corke (2007). The *in vitro* antibacterial activity of dietary spice and medicinal herb extracts, *International Journal of Food Microbiology* 117:112–119
12. Shetty K. and Y.-T. Lin (2005). Phenolic Antimicrobials from Plants for Control of Bacterial Pathogens in Functional Foods and Biotechnology, Ed CRC Press Kalidas, 285-231
13. Silva Ncc and F. Júnior A (2010). Biological properties of medicinal plants: a review of their antimicrobial activity, *J. of Venomous Anim. and Toxins incl. Tropical Dis.* 16: 402-413
14. Tajkarimia, M.M., S.A. Ibrahim, D.O. Cliver, 2010, Antimicrobial herb and spice compounds in food. *Food Control.* 21: 1199–1218
15. Vatter D. A. and K. Shetty (2005). Biochemical Markers for Antioxidant Functionality, In *Functional Foods and Biotechnology*, Ed CRC Press, p. 229-253
16. Vauzour D., K. Vafeiadou, J. P. E. Spencer (2012). Polyphenols, In *Phytonutrients*, Willey-Blackwell Publishing Ltd, Ed: A. Salter, Helen, Weiseman, G.Tucker, 110-146
17. Wojdyło Aneta, J. Oszmianński, R. Czemerys (2007). Antioxidant activity and phenolic compounds in 32 selected herbs. *Food Chemistry* 105: 940–949
18. Yáñez, J. A., C. Remsberg, J. K. Takemoto, K. R. Vega-Villa, P. K. Andrews, C. L. Sayre, S. E Martinez, N. M. Davies (2013). Polyphenols and Flavonoids: An Overview, In *Flavonoid Pharmacokinetics. Methods of Analysis, Preclinical and Clinical Pharmacokinetics, Safety and Toxicology*, Ed N. M. Davies and J. A.Yáñez, p. 1-71