

# POSTPARTUM ELEVATED B-HYDROXYBUTYRATE AND NON-ESTERIFIED FATTY ACIDS TOGETHER OR SEPARATELY AND THEIR ASSOCIATION WITH PLASMA METABOLITES, BODY CONDITION AND REPRODUCTIVE PERFORMANCE IN DAIRY COWS

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**Abstract:** This study aimed to assess post-partum elevated nonesterified fatty acids (NEFA) and  $\beta$  hydroxybutyrate (BHB), considered either together or separately, relative to the estrus cyclicity and first service pregnancy status of cows and their association with body condition scores and some metabolites. Blood samples from 50 Montbéliarde dairy cows were collected from 15 to 52 DIM to measure serum BHB, NEFA, glucose, triglycerides, total cholesterol, urea nitrogen, total protein, aspartate aminotransferase (AST), alanine aminotransferase (ALT),  $\gamma$ -glutamyltransferase ( $\gamma$ GT), calcium, magnesium, potassium, phosphorus, sodium; and progesterone concentrations. Body condition score (BCS) was assessed at calving and at each time when blood samples were taken. Cows were considered as having post-partum elevated NEFA (H-NEFA) concentration if the concentration was  $\geq 0.70$  mM and post-partum elevated BHB (H-BHB) concentration if the concentration was  $\geq 1.20$  mM at 30 DIM. Overall, 93.33 % of cows having an elevated BHB show an elevated NEFA and 51.61% of cows having an elevated NEFA have not an elevated BHB. Indeed, considering postpartum elevated NEFA as a predictor of sub-clinical ketotic cows can overrate results. Whereas, considering postpartum elevated BHB as a predictor of cows with NEB can underestimate results. Excessive BCS at calving results in increasing the risk of post-partum elevated BHB. Cholesterol, triglycerides, AST, ALT, and urea were increased in cows having elevated BHB and NEFA compared with those having elevated NEFA only or healthy cows. Further, the risk of estrus cyclicity and pregnancy rate at first insemination (P/AI) was decreased in cows having both elevated BHB and NEFA or NEFA only.

**Keywords:** BHB; NEFA; Plasma metabolites; BCS; Reproductive performance; Dairy cows

## INTRODUCTION

Early lactation is a dynamic period for dairy cattle, during which most dramatic metabolic changes are likely to occur [1]. Cows unable to adapt to this challenging time are more disposed to negative energetic balance (NEB) [2] and mobilize more fat reserves [3] releasing more non-esterified fatty acids (NEFA) [4]. The liver is responsible for metabolizing circulating NEFA, which can be completely oxidized for ATP production, exported from the liver as lipoproteins, or partially oxidized into ketone bodies especially  $\beta$ -hydroxybutyrate (BHB) [5]. In

recent literature, NEFA and BHBA are both used as markers of negative energy balance during the post-partum [6–8] or subclinical ketosis [9, 10] and there is evidence that these two markers cannot be used interchangeably [8]. When cows have excessive NEB in terms of depth, duration, and timing [11], they mobilize NEFA with a higher amount than liver capacity [2] inducing a fatty liver [12]. Excessive fat accumulation in the liver impairs normal liver function [5], which may lead to an increase in BHB concentrations [3].

In several studies, elevated NEFA or BHBA concentrations during the pre- and postpartum periods were the main risk factors for predictors of health disorders [13–15], productive outcomes [16–18] and reproductive performance [19, 20]. In these studies, authors considered elevated one of these biomarkers as subclinical ketosis (SCK) or negative energy balance (BEN). Recently, McCarthy et al. [8] reported a weak relationship between blood concentrations of NEFA and BHB, suggesting that elevated concentrations of one should not be extrapolated to suggest elevated concentrations of the other metabolite. In a meta-analysis conducted by Abdelli et al. [21], the author reported that cows with elevated post-partum circulating NEFA were 32% less likely to conceive at first service (PR/IA) than cows classified as post-partum elevated circulating BHB. In the same study, the authors reported, also, that the inclusion of the test (NEFA/BHB) as a moderator in the meta-regression reduced the heterogeneity by 12% in PR/IA outcomes [21]. In light of the weak correlations between blood concentrations of NEFA and BHBA observed in the study of McCarthy et al. [8], along with the data of Abdelli et al. [21], changing reproductive outcomes with the test (e.g., NEFA/BHB); we hypothesized that cows that failed to have estrus cyclicity or failed to conceive to the first insemination would have elevated at least either or both postpartum blood NEFA and BHB concentrations that indicated greater severity of NEB or SCK [22]. The present study consequently aims to assess how high post-partum blood NEFA and BHBA levels, considered either separately or together, may improve the prediction of estrus cycling and first service pregnancy status (P/AI1) in dairy cows.

## MATERIAL AND METHODS

The protocols and procedures applied in this study were according to the ethical principles for the use of experimental animals as established by the Institutional Animal Care Committee of the National Administration of the Algerian Higher Education and Scientific Research (Ethical approval number: 98-11, Law of August 22, 1998).

### *Animals*

Samples were collected during a previously reported study to determine the effect of metabolic profiles on reproductive performance in post-partum Montbéliarde cows [23]. Briefly, a total of 50 Montbéliarde cows from 2 farms in the north of Algeria were enrolled from April to September 2014. Their daily average milk production was 25 kg/d. During the period of study, cows receive green fodder, clover in the cold season, and meadow fodder in warm-season with vetch oats hay. According to the production, the basic ration was individually supplemented with commercial

concentrate (18% digestible raw protein), as well as roughly crushed maize grains, soybean meal, barley, and vitamin-mineral mixture.

#### ***Blood sampling and measurement of BCS***

A diagram of the activities is displayed in Figure 1. The farms were visited fortnightly on the same day and at approximately the same time. Blood was collected from the coccygeal vein into 10 mL vacuum tubes, one containing lithium heparin and the other with no anticoagulant. Samples were taken before the morning feeding at four times (wk 2, 4, 6, and 8 postpartum). Blood samples were chilled on ice-packs immediately after collection and within 5 h were centrifuged at 1,400 ×g for 10 min. Harvested sera were frozen at -20°C until analyzed. Simultaneous with the blood collection and at calving, the BCS was evaluated on a half-point scale, with quarter-point divisions, using the visual technique developed by Edmonson et al. (1989). Two variables of fatness were of particular importance: at calving (BCS-calv) and the difference from calving to wk 4 postpartum (dBCS).

#### ***Measurement of metabolite and progesterone levels***

Heparinized plasma was used for the determination of NEFAs, BHBA, glucose, total cholesterol, triglycerides (TG), urea nitrogen, total protein, aspartate aminotransferase (AST),  $\gamma$ -glutamyltransferase ( $\gamma$ GT), alanine aminotransferase (ALT), calcium, magnesium, sodium, potassium, and phosphorus levels. All blood metabolites except NEFAs and BHBA were determined with the enzymatic method by spectrophotometric assay in an auto-analyzer (Cobas 6000, Roche Hitachi, Mannheim, Germany) in a commercial laboratory, using commercial kits. The intra- and inter-assay coefficients of variation were < 5% for each assay. Serum BHBA concentration (mmol/L) was measured using a handheld meter (Precision Xceed, Abbott Laboratories, Abbott Park, IL) at room temperature [2]. Optium Xceed is a hand-held device used to test blood BHBA concentrations; its sensitivity and specificity were 85 to 90% and 94 to 98%, respectively [24]. Because there were not sufficient reagents for NEFAs, plasma NEFA concentration was measured one time (at wk 4) using the DVM-NEFA test (Veterinary Diagnostics, Newburg, Wisconsin, USA). The sensitivity and specificity of the DVM-NEFA test were 84% and 96%, respectively [25]. Progesterone was quantified by ELISA (Elecsys 2010, Roche Diagnostics GmbH, Mannheim, Germany) using human progesterone ECL kit. These human kits can be used to measure P4 in serum bovine and [26], inter- and intra-assay coefficients of variation were 16.6% and 6.7%, respectively.

#### ***Determination of estrous cyclicity and pregnancy diagnoses***

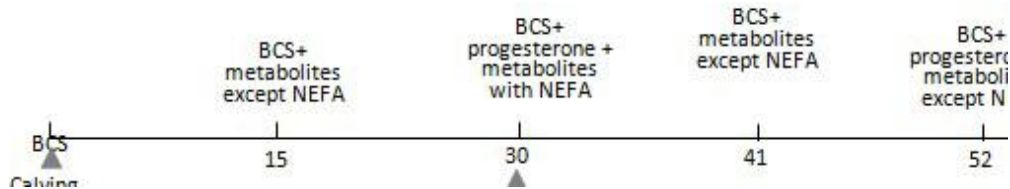
Pregnancy was diagnosed in all cows on d 30 after AI via transrectal ultrasonography of the uterus and its contents and characterized by visualization of a live embryo. Cows diagnosed as pregnant on d 30 were reexamined by transrectal palpation 35 d later. Progesterone data were dichotomized using a threshold of 1 ng/mL for indicating the presence of an active corpus luteum [27]. Ovulation was considered to have occurred 5 days before the first progesterone measurement >1 ng/mL and was followed by another consecutive sample of luteal concentrations. The resumption of ovarian activity was calculated at 30 DIM which is considered optimal under practical conditions [28].

#### ***Statistical analysis***

Statistical analyses were performed with SAS (Version 9.1.3; SAS Institute Inc., Cary, NC). Postpartum plasma concentrations of metabolites were reported as continuous variables. Each variable of these metabolites was tested for normal distribution using the PROC UNIVARIATE (SAS Inst. Inc.). If the variable does not fit the normal distribution, adjustments such as logarithmic, squared, Square root transformations were possible tools to normalize the data to calculate valid descriptive statistics. Fertility responses of interest were estrous cyclicity and 52 postpartum and P/AI. Normalized results and all other variables were analyzed as repeated measures using a mixed model procedure (PROC MIXED; SAS Inst., Cary, NC). For each analyzed variable, cows were subjected to 3 covariance structures: compound symmetric (CS), autoregressive order one (ar1), and unstructured covariance (UN). (fixed effects of treatment, day and their interaction, random effect of cows).

Additionally, a mixed general linear model was fitted using the MIXED procedure of SAS (random effect of cows) to evaluate the effect of the test on BCS change from calving to wk 4 postpartum (dBCS).

Diagnostic sensitivity and specificity, with 95 percent confidence intervals (CI) and accuracy of tests based on BHB, NEFA, or both of detecting anoestrus and non-pregnant cows were calculated by using Win Episcopo 2.0 (. A Stacked line plot of BCS, and a diagram of BCS changes (dBCS) was generated using Prism 6.07 (GraphPad Software, Inc. La Jolla, CA USA).



**Fig. 1. Illustration of the measurement protocol and pregnancy diagnoses.**

## RESULTS AND DISCUSSION

The overall incidence of sub-clinical ketosis at 30 DIM was 30% and it was 62% for elevated NEFA (table 1). However, all cows except one who has an elevated BHB show an elevated NEFA (93.33%).

### *Plasma metabolites*

Cows having simultaneously elevated NEFA and BHB tended to have increased circulating cholesterol concentrations from 30 to 52 DIM relative to healthy cows. However, when NEFA was elevated only, there no significant effect on cholesterol and triglycerides compared with healthy cows (table2). Cows having elevated NEFA and BHB together tended to have increased circulating urea concentrations at 30 and 41 DIM compared with healthy cows and at 52 DIM compared with healthy cows or cows having elevated NEFA only. Thus, cows having elevated NEFA and BHB together showed a tendency for higher concentrate of ASAT at 15, 30, 41 DIM, and higher ALAT at 41 DIM compared with healthy cows or cows having

elevated NEFA only. There was a significant effect of sampling time on glucose, cholesterol, and alanine aminotransferase. Nevertheless, there were not group-by-time interactions on all plasma metabolites. Furthermore, no significant effects of group, sampling time, and group-by time interactions were found for  $\gamma$ GT, albumin, total protein, inorganic phosphorus, calcium, potassium, magnesium, and sodium.

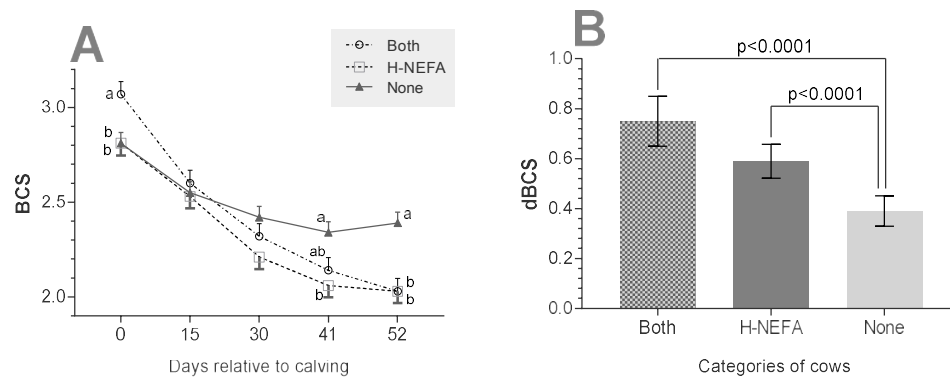
**Table 1**

**Comparison of least square means (LSM) and standard error (SE) of plasma constituents and between cows having elevated NEFA and BHB together (Both), having elevated NEFA (H-NEFA), and healthy cows (None) at 15, 30, 41 and 52 DIM**

Metabolites	class	LSM				SE	P*		
		d15	d30	d41	d52		Group	Time	G *T
<b>Glucose</b>	Both	0.651	0.652	0.657	0.655	0.031	0.951	0.009	0.988
	H-NEFA	0.664	0.666	0.669	0.668	0.029			
	None	0.656	0.660	0.664	0.663	0.026			
<b>Cholesterol</b>	Both	1.743	1.777a	1.792a	1.799a	0.091	0.149	<0.0001	0.657
	H-NEFA	1.589	1.616ab	1.620ab	1.632ab	0.110			
	None	1.495	1.513b	1.525b	1.526b	0.105			
<b>Triglycerides</b>	Both	0.216a	0.214a	0.213a	0.215a	0.016	0.083	0.869	0.885
	H-NEFA	0.175ab	0.176ab	0.175ab	0.176ab	0.015			
	None	0.171b	0.169b	0.168b	0.166b	0.014			
<b>Urea</b>	Both	0.344	0.351a	0.347a	0.354a	0.026	0.171	0.199	0.422
	H-NEFA	0.306	0.305ab	0.305ab	0.308b	0.031			
	None	0.271	0.275b	0.272b	0.271b	0.033			
<b>AST</b>	Both	97.93a	99.21a	104.85a	104.43	5.624	0.519	0.681	0.799
	H-NEFA	85.23b	84.88b	82.14b	96.58	4.646			
	None	91.27ab	84.05b	80.50b	84.39	3.643			
<b>ALT</b>	Both	36.973	37.738	38.932a	38.279	2.858	0.373	<0.0001	0.239
	H-NEFA	34.422	34.904	35.199b	35.315	3.495			
	None	39.459	39.963	40.036b	40.572	3.324			

### ***BCS and BCS change***

For BCS, the repeated measure ANOVA in mixed model revealed a tendency toward asignificant effects of the group ( $P = 0.01$ ), time ( $P < 0.0001$ ) and group-by-time interaction (figure 2.A). The BCS at calving was higher in cows experienced an elevated BHB and NEFA together compared with cows experienced an elevated NEFA only or healthy cows. However, BCS at 41 DIM was higher in health cows compared with cows experienced an elevated NEFA and it was higher in healthy cow compared with cows experienced an elevated BHB and NEFA together or with elevated NEFA only. Thus, cows that experienced an elevated NEFA and BHB together or elevated NEFA only lost more BCS than cows experienced none of the above during the first month of lactation (figure 2.B).



**Fig. 2.** Least square means  $\pm$  SEM for BCS at calving, 15, 30, 41, and 52 DIM (A) and BCS change (dBCS, means  $\pm$  SEM) from calving to 30 DIM for cows that showed elevated NEFA, or elevated NEFA and BHB (both).

### *Estrous Cyclicity*

The proportion of cows with serum P4 >1 ng/mL was 56% (n=28) at 52 DIM. Using BHB thresholds to detect anestrus cows resulted in higher sensitivity (72.4 %) and lesser specificity (33.3%). Though, using NEFA thresholds to detect anestrus cows resulted in lesser sensitivity (45.5%) and higher specificity (75.0%). When the threshold was changed to BHB and NEFA to gather, it resulted in a sensitivity of 68.2 % (95% CI = 48.7-87.6), and specificity of 70% (95% CI = 41.6-98.4). The accuracy of tests was 58.0, 66.0, and 69.7 for BHB, NEFA, and both thresholds respectively.

**Table 2**  
**Diagnostic sensitivity (%) and specificity (%), with 95 percent confidence intervals (CI) and accuracy of test based on BHB, NEFA, or both detecting anestrus cows.**

Test	N° of cows	Anestrus cows	Sensitivity (95%CI)	Specificity (95%CI)	Accuracy
<b>H-BHB</b>	15/50	8/15	36.4% (16.3, 56.5)	75.0% (59.0, 91.0)	58.0%
<b>H-NEFA</b>	31/50	18/31	81.8% (65.7, 97.9)	53.6% (35.1, 72.0)	66.0%
<b>Both</b>	14/50	7/14	70.0% (41.6, 98.4)	69.6% (50.8, 88.4)	69.7%

**Table 3**  
**Risk factors for the resumption of estrous cycles by 52 days postpartum in lactating dairy cows**

Value	Estimate	SE	OR	95%CI	P-value
Both vs. None	-1.862	1.098	0.155	0.021-1.120	0.064
Elevated NEFA vs. None	-2.234	0.816	0.107	0.021-0.529	0.006
Both vs. Elevated NEFA	0.372	0.953	1.451	0.224-9.411	0.695

The effect of having an elevated NEFA only resulted in 84.5 % decreased risk (OR = 0.155, p=0.006) of estrus cyclicity at 52 DIM. However, no significant difference (p=0.064) between healthy cows and cows having elevated NEFA and BHB together was recorded. Thus, cows having elevated NEFA only or with BHB have the same chance of estrus cyclicity at 52 DIM (p=0.695).

#### ***Pregnancy to first AI***

The PR/AI at first insemination was 34.0%. Using BHB thresholds to detect non-pregnant to first AI cows resulted in lesser sensitivity (46.4 %) and higher specificity (90.9%). However, Using NEFA only or NEFA and BHB together thresholds to detect non-pregnant cows resulted in higher sensitivity and specificity. The accuracy of the test was 66.0, 84.0, and 81.8 for BHB, NEFA, and both thresholds respectively.

The PR/AI was reduced by 87% (OR =0.13, P = 0.001) for each one mmol of BHB and NEFA /L increase and by 92.6% (OR =0.074, P = 0.006) for each one mmol of NEFA /L increase. Though, cows having elevated NEFA only or elevated BHB only have the same chance of PR/AI (p=0.647).

**Table 4**

**Diagnostic sensitivity (%) and specificity (%), with 95 percent confidence intervals (CI) and accuracy of test based on BHB, NEFA, or both to detecting non-pregnant cows.**

Test	N° of cows	Non-pregnant cows	Sensitivity (95%CI )	Specificity (95%CI )	Accuracy
<b>H-BHB</b>	15/50	13/15	46.4% (28.0,64.9)	90.9% (78.9, 102.9)	66.0%
<b>H-NEFA</b>	31/50	28/31	84.8% (72.6, 97.1)	82.4% (64.2, 100.5)	84.0%
<b>Both</b>	14/50	12/14	75.0% (53.8, 96.2)	88.2% (72.9, 103.6)	81.8%

**Table 5**

**Risk factors for conception rate after AI in lactating dairy cows**

Value	Estimate	SE	OR	95%CI	P-value
Both vs. None	-2.038	0.651	0.130	0.036-0.467	0.001
Elevated NEFA vs. None	-2.592	0.950	0.074	0.011-0.482	0.006
Both vs. Elevated NEFA	0.553	1.211	1.739	0.161-18.688	0.647

Several studies have investigated the association between individual transition animals with increased NEFA or BHBA concentrations and detrimental downstream reproductive performance [13, 20, 29]. The analytical approach of this study was used to examine the association between elevated both postpartum NEFA and/or BHBA, cycling, and first service pregnancy status of the cow.

In the current study, all cows expect one (93.33%) having elevated BHB at 30 DIM, they had, at the same time, elevated NEFA and 54.83 % of cows how had elevated NEFA, they had not an elevated BHB. In other words, whereas NEFA concentration is elevated, BHB concentration is not necessarily elevated and when

BHB concentration is elevated, NEFA concentration is most likely elevated. Recent researchers demonstrated that postpartum NEFA concentrations are weakly correlated with BHB concentrations [8]. Thus, studies that have published results of NEFA and BHB concentrations over time in postpartum, the peak of mean NEFA concentration occurs before the peak of the mean BHB [30]. In the current study, the correlation coefficient of the whole cows was significant ( $r=0.625$ ,  $p<0.0001$ ) but this correlation was not significant in healthy cows, cows having elevated NEFA, or both. Correlation coefficients of these groups were 0.291, 0.448, 0.248 for healthy cows, cows having elevated NEFA, and both respectively.

In early lactation, stored energy from fat is mobilized as NEFA, some of which are taken up by the liver [13]. Uptake of NEFA from plasma by the liver is proportional to the plasma concentration [31]. According to Grummer et al. [32], the increase of plasma NEFA concentration led to the increase of ketogenesis by hepatocytes which explain that almost all cows who had elevated BHB, had elevated NEFA. Though, over half of the cows having elevated NEFA, they didn't have elevated BHB. This may be partially explained by an individual capacity to adapt against excessive fat mobilization [12, 16] and more accurately, liver capacity [31, 33]. Hence, the homeostatic changes required to achieve this fat mobilization appear to be primarily under genetic control [34].

Indeed, hepatic uptake of NEFA is limited by the capacity of the tricarboxylic acid cycle (TCA) [4] and when NEFA exceeds this capacity, there is increased production of ketone bodies and deposition of triacylglycerol [35] causing fatty liver disease [30].

However, in the study of Reynolds et al. [36], the authors observed that the contribution of NEFA carbon to BHB synthesis cannot account for all of the carbon used in ketone body synthesis in the liver. Thus, Vernon et al. [37] demonstrated that postpartum ketosis in cows is not due to significant changes in the activity of liver enzymes involved in fatty acid metabolism. In the current study, higher concentrations of Cholesterol, triglycerides, and AST were also found in ketotic cows which might have elicited increased fat mobilization. This is similar to findings reported by Harpøth et al [38]; those authors suggested the elevated plasma cholesterol and triglycerides concentrations being a result of the increased secretion of very-low-density lipoprotein by the liver by incomplete oxidation through ketogenesis. Further, AST is an enzyme that becomes elevated with cell damage and may be elevated in cows with fatty liver disease [4]. Thus, Jorritsma et al. [39] concluded that high serum NEFA and low serum glucose and urea in early lactating dairy cows are significant indicators of hepatic lipodosis.

Interestingly, there was no difference for glucose between cows having elevated NEFA and BHB compared with healthy cows which in contrast to previous findings where glucose is negatively correlated with BHB and NEFA [10]. In other studies, high NEFA or BHB concentrations did not influence blood glucose concentration but they induced insulin resistance [3].

The body condition score (BCS) is still an object of research for the prevention of excessive negative metabolic changes in dairy cows, as it is a parameter which shows good correlation with increased concentrations of NEFA and BHB [12]. Similar to the present study, others reported association of BCS at calving, or change in BCS early in



lactation with elevated BHB [40] and elevated NEFA [12, 20]. In the current study, cows having both elevated NEFA-BHB tended to a higher BCS at calving compared with cows having elevated NEFA only but this difference was not evident for BCS loss during the first month of lactation. That means cows of two groups mobilized the same amount of fatty acids during the first month of lactation but cows having higher BCS at calving had lower hepatic capacity against exceeding NEFA [41] to limit the production of ketone bodies.

Combined with a lower DMI associated with greater BCS [42] and an increase in lactose requirements for milk production (and therefore hepatic gluconeogenesis), hepatic oxaloacetate would likely become limiting for NEFA oxidation, and ketone bodies would accumulate [43]. Consistent with this hypothesis, Compton et al. [44] and Shin et al. [45] reported that cows having higher BCS at calving were more likely to develop SCK or CK.

Although there has been considerable focus on the study of post-partum elevated NEFA or BHB and their association with reproductive outcomes [13, 14, 46]. In this study, postpartum elevated NEFA presented more reliability than BHB alone and almost the same reliability with elevated both NEFA and BHB when they used as predictors to detect anestrous and non-pregnant cows. Elevated NEFA has been found to be a more accurate measure of NEB than ketone bodies [2].

It is also a stronger indicator of postpartum disease and milk production than elevated BHBA [6]. Cows with elevated both NEFA-BHB and elevated only NEFA had a decreased risk of estrus cyclicity at 52 DIM and pregnancy to first AI (Tables 3 and 5).

In contrast, we observed no significant change between cows with elevated both postpartum NEFA-BHBA and only elevated NEFA. Studies by Ospina et al. [13] found that, when both postpartum NEFA and BHBA were in the same model to predict reproductive performance, BHBA was not as strong a predictor as NEFA. The same results were reported by Dubuc et al. [14], the authors found that NEFA is more closely associated with early ovulation than hyperketonemia.

The negative effect of NEFA and BHB on reproductive performance may be indirect via the physiological relationship between these biomarkers and NEB [19] or directly. Indeed, several studies reported that elevated BHB may affect follicular cell function [47], oocyte maturation ([48], corpus luteum function [49] and early embryo development [50]. Whereas, the direct effect of elevated NEFA has received less attention [7].

## CONCLUSIONS

Considering postpartum elevated NEFA as a predictor of sub-clinical ketotic cows can overrate results. Whereas, considering postpartum elevated BHB as a predictor of cows with NEB can underestimate results. Excessive BCS at calving results in increasing the risk of post-partum elevated BHB. In addition, as the concentration of BHBA increased, cholesterol, triglycerides, AST, ALT, and urea were increased. However, post-partum elevated NEFA concentration was not affected by these metabolites. Further, cows with post-partum elevated BHB and NEFA or NEFA only had a decreased risk of estrus cyclicity and pregnancy at first insemination. Further large field-scale studies are required to comprehensively evaluate the herd circumstances

under which a negative effect of elevated NEFA or BHB may be obtained separately or combined to gather.

**DECLARATION OF INTEREST.** The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of this article.

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