

Bio-Phyto-Modulators and Its Influences on Mental and Emotional Health

Stelian CHIVU

„Ancu Dinca” Natural Medicine Center, 17th Manastirea Putna Street, 1st sector, Bucharest
www.viatasienergie.ro; cabinetancudinca@yahoo.com

Abstract. Nobody can give health to a man without taking into account its true nature. It is known that organs, emotions and spirit are one; they are the result of the hereditary tendencies of the development conditions of physical factors, chemical and physiological of the environment. Health depends on the chemical and structural constitution of each body part and some properties of the whole (body). It is necessary to help this assembly to maintain its integrity instead to intervene in the functioning of each organ separately. For example, it is not enough to eliminate symptoms of diabetes patient by administering insulin. The simple management of organic compounds of patient will not give him the real health state, but can only give addiction. Organs themselves must be able to release these substances in the organism. Approaching the unknown territories of the inner selves, The Control Panel which controls the smooth mechanisms of the glands, states and brain can be found.

Keywords: stress, resonance energy, information, frequency, balance, harmony

Motto: *“Health is more than absence of illness.”*

INTRODUCTION

Modern life causes accumulation of amounts of increasingly stress due to a long line of causes. Stress was identified as the cause of over 85% of existing diseases today. In its first phase, stress causes mental unbalances, in the next phase will generate unbalanced emotional states followed by the last stage in which stress is manifested over body exactly in the sensitive areas, systems, organs, glands and body cells.

Over time, irritability, pessimism and frustration common to a number of increasingly more people ruin everyday life harmony producing negative effects on mental, emotional and physical, according to vitality, health and adaptation power of individual.

Starting with physical level of the brain, cortex or cerebral cortex is the most complex functions place in relationship with the environment.

The neocortex and the paleocortex are formations of the brain that deals with balancing the emotions and actions.

The neocortex (the newest and the most complex development part) order the rational actions and paleocortex order the primary instincts. The neocortex control over paleocortex leads to frustration and stress sometimes, so the health is compromised. Paleocortex (including hippocampus and part of hypothalamus) is also called the limbic system. Paleocortex serves to a ordinary-olfactory integration, autonomic function and links with the endocrine glands (pituitary). It plays a role in emotions, feeding instinct and learning process and cognitive. Anxiety, for example, makes the limbic system (also known as the primitive brain) to take control. And when the limbic system is acting the neocortex is blocked, the rational part of the brain. Neocortex can help us to think clearly, to identify problems, to be aware and to find solutions to problems.

The energetic and informational reflex area is feet, the “control panel” through which the proper function and brain can be controlled, with the help of DIEE.

MATERIALS AND METHODS

Reflexology is a part of alternative medicine therapies that promote relaxation, healing and improves the states of spirit. Reflexology works on the principle that the foot is divided into reflex areas that correspond to organs in the body. By activating these mirror-areas the blockages in the organs, glands and the corresponding body parts are reduced, allowing the vital energy to flow freely. Therefore, the feet are used as a map of the human body: the left feet reflect the areas of the left side of the body, and the right feet reflect the right side of the body; the toes correspond to the head and the neck.

Foot is an extremely sensitive organ that has the ability to perceive tactile sensations as well as subtle energies. At this level there are thousands of nerve endings that send in fractions of seconds pulses from feet straight to the brain. The health state of the feet influences the physical, emotional and mental states of the body.

The head is the central leading organ of all. The corresponding energized reflex areas of the head will reflect a correct functioning of the physical body, health, vitality, balance.

All matter in the universe vibrates, and these vibrations, such as those generated by DIEE can be transmitted through feet and hands (palms). These vibrations generated by DIEE and transmitted through feet (soles) to the brain have beneficial effects on physical, emotional and mental body.

DIEE was placed in corresponded endocrine glands areas.

RESULTS AND DISCUSSION

Hypophysis (pituitary gland) is the gland with the biggest influences in the body, ordering activity of the other glands. It is located at the base of the brain, in the Turkish saddle, about the internal space between the eyebrows. It has projections on both feet, on the posterior side, around the middle of the thumbs.

Pineal gland (epiphysis) coordinates rhythms of sleep and wakefulness of the body and it is considered the conductor of the Endocrine System, secretes melatonin production which takes place during the night stimulated by the dark being suppressed by the light.

The reflex point of this gland is small and is located about 1 cm next to the pituitary gland point reflex, on the posterior side.

The importance of melatonin:

Ø It has a great antioxidant potential by destroying the free radicals in the body which are responsible for the generative diseases (cancer, Alzheimer's and Parkinson's).

Ø the most important quality of melatonin is the revitalization of the entire endocrine system

Ø Stimulates Thymus which plays an essential role in the immune system functioning

Ø Reduced production of melatonin (stress cause) signals the endocrine system to produce less sex hormones, which leads, in time, to atrophy of the sexual organs, accompanied by decreased interest in sex and performance (both men and women)

Ø By applying DIEE on the corresponding pineal gland reflex areas, the body is helped in melatonin secretion, probably the only antioxidant able to penetrate each cell in our body, preventing and reducing damages caused by free radicals brought in the body through carcinogenic food or produced by stress.

Ø When produced in sufficient quantities (during the night) it provides an effectively deep sleep; a poor production of melatonin causes a superficial sleep, agitated or insomnia.

Ø Changing the time zone or shift work causes changes in blood pressure, glucose, vitality, mental status, endocrine system and insomnia. By using sleeping pills sleep can be induced but the other symptoms remain unchanged. Providing the best production of melatonin with the help of DIEE will reset the biological clock and restore the body's physiological balance.

Hypothalamus-hypophysis (pituitary): is the headquarters of the endocrine system, secrete HGH (Human Growth Hormone) that controls body growth by stimulating cell division. The maximum amount of HGH is produced in adolescence and then decreases gradually.

In adults, when the HGH level is restored with help of DIEE placed on the corresponding reflex areas, they feel and look younger and full of vitality, the skin become thinner and more resistant and lumbar bones density is increased.

Adrenal glands: secrete DHEA (dehydroepiandrosterone – steroid hormone produced mainly in adrenal and in small amounts in testicles. It represents about 5% of the testosterone androgens effects (that's why it is also called androgen), which decreases during the accumulation of stress along life (maximum amount at 20 years old, at the age of 65 it reaches the amount of 10-20 only). By applying DIEE on the corresponding reflex areas on foot it was noticed a reestablishment to the optimum value of this hormone in the body, resulting a regulation of libido, metabolism, muscle formation, restoring the immune system, combating the arteriosclerosis, Alzheimer's, diabetes, lupus erythematosus and obesity.

Hormonal system produces 2 hormones that influence the aging process:

- a) Cortisol – the stress hormone and aging – which is generated in large amounts when:
 - A person lives or relives negative emotions: anger, frustration, hostility, fear, worry, anxiety;
 - A person experience one of the negative states: boredom, apathy, exhaustion, abandonment;
- b) DHEA – antidote to stress and rejuvenation hormone – which is generated in sufficient quantities when:
 - A person lives on positive emotions: passion, joy, happiness;
 - A person experience one of the positive states: serenity, inner balance, reflection, satisfaction;

Negative emotions generates cortisone, and this creates a higher sensibility to negative emotions defending this was a vicious circle which can be interrupted by experiencing or reliving positive emotions.

Cortisol and DHEA counterbalance each other depending on the type of emotions experienced or lived.

During experiencing negative emotions, stress and exhaustion:

- a) Cortisone increases and DHEA decreases;
- b) Person is aging rapidly (3-4 biological years in 1 calendar year);
- c) Cortical inhibition occurs, which leads to decreased intellectual performance;
- d) The access to the intuitive mental plane is blocked;

e) The organic damage is starting: nerve cells start to be damaged, the immune system is affected, lowers the bone density, liver, pancreas, heart, kidneys and lungs are affected, blood sugar increases and fat deposits in different part of the body occur;

By applying DIEE on the corresponding reflex areas on foot, DHEA increases and cortisol decreases:

- Aging processes are slowed down, stopped and even reversed;
- Increased cortical activation occurs which leads to a better intellectual performance;
- There are activated: creativity, intuition, clairvoyance, premonition and wisdom;
- The processes of organic deterioration are stopped and then reversed, functional disorders are removed in reverse order of their occurrence;

We all tend to consider our body as a “lifeless shape statute” – solid object, material; in reality, our body is more like a permanent transformation river, the intelligence forms carrier. Greek philosopher Heraclitus said: you cannot bath in the same river twice because its water flows continuously”. The same thing is for the all life on Earth, hence for the human body as well:

If you pinch a piece of skin around the tummy, the layer of fat that’s you have got it is not the same as the one from last month. Adipose tissue (fat cells) is filled with fat and empty constantly, so that all tissue is completely renewed every 3 month. Also, we “get” a new stomach coat every 5 days, and the deepest cell layer of stomach (mucosa) change over a period measured in minutes during the digestion. The skin is renewed once at every 5 weeks. The skeleton, which seems so rigid and strong, actually changes at every 3 months. The liver is renewed at every 6 weeks.

The flow of oxygen, carbon, hydrogen and nitrogen is so fast that you can be renewed in a period measured in weeks only; the heavier atoms of iron, copper and others slow down this process. From the exterior, you seem to be the same and yet you are like a building whose bricks are permanently replaced with new ones.

Every year, 98% of your atoms in your body are replaced – a fact confirmed by the research laboratories of Oak Ridge from California. This constant transformation flow is controlled in a quantum level by the mind-body system.

CONCLUSIONS

By applying DIEE on reflex corresponding areas on feet, the body is helped in its continue regeneration, renewal of cells, tissues, emotions, feelings.

“Mens sana in corpore sano”, a healthy mind inside a healthy body means a fluid, harmonious flowing energy, the vibration of DIEE devices transmit, when applied on the reflex corresponding areas on feet, informational energy of health, vitality, balance. Perfect health is not lack of illness but living in a state of balance and integration of body, mind and spirit, which DIEE devices are providing.

Use of DIEE devices for loading and balancing the body’s energy, can bring a balanced healthy lifestyle, use of DNRN-5 devices for increasing the conservation food will improve the quality of food, use of DNRN-1, DNRN-2, DNRN-3 and DNRN-4 will provide a protection against harmful radiation from mobile phones, electrical devices, computers, TV’s, microwaves, thus obtaining a long happy life, a use of human potential at maximum, and will increase personal balance, happiness and fulfillment.

DIEE influence was tested on a total of 237 patients.