

The Secret Psycho-Somatic Consideration on Adopter

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Abstract. Shackling, inhibitions, fears, fear, anger, revenge, guilt feelings are not only harmful emotions but also mark particularly liver and neuron-vegetative system, while such severe disorders are caused, like migraines, insomnia, depression. In the particular case we analyzed the very fast effect of AD bio-phyto-modulator on a patient (on a subject) that accuse neuro-vegetative disturbances as a result of a "secret" which is "impossible" to reveal and has left its mark on her in the last 12 years.

Keywords: health, will, adopter, neuro-vegetative disorders

INTRODUCTION

Human body finds, always, a means to attention when our soul suffers too much or still retains "unhealed" an "old wound". What we suppress inside us will come back in a day, against us.

Patient (subject) as a human being with worries, fears, hopes and despair, considered as a whole and indivisible structure, not only a bearing organs, became the object of psycho-medical interest. Now it pays attention to causal role of emotional factors in disease.

Cells, tissues, organs of our body are able to regenerate and to self-regulate. Information and energy are the fundamental pillars on which it builds the proper functioning of the human body.

AD bio-phyto-modulators encode health, making possible to restore the state of equilibrium by a non-invasive way. We are dealing with an alive, intelligent remedy, aimed correcting the fundamental aspects of our mental and emotional universe to maintain this balance called health.

Disease or, more generally, disharmony of one part of us, is, undoubtedly, the most radical and striking created by nature intelligence to suggest reconsidering things.

Illness is not the starting point of a lack of harmony, but the consequence of an imbalance, prepared shortages, sometimes for a long time. Vast majority of disease has just psycho-somatic origin.

In reality, we not contact disease, but weave the conditions that lead the disorder to install inside us. A fear, for example, activates each body system. Your stomach is tight; your heart beats faster, start to sweat. Increasing and continuous fatigue, that pause mental and emotional clarity, is a symptom that indicates a dysfunction. Most people do not consider it as a symptom because it doesn't hurt to the physical body, but when fatigue continues, the body tries to say that person is unbalanced in terms of energy. Depression is another element that says (transmit) that something is wrong with your body. In conventional medicine (allopathic), depression is considered an emotional and mental disorder. The disease, therefore, develops as a consequence of behavioral patterns and attitudes, these emotional and mental "cysts", often covered by a fix idea.

The golden rule in any therapy, also AD bio-phyto-modulators, is that we are able to clean ourselves. This leads to the crucial importance of the will to see our different attitudes and reflexes.

Will, who provides conscious shift - after mental crystallizations - from idea to action / activity by tender or inhibition to different levels (emotional, mental and physical) to achieve balance, is that actually work. Although active will, called positive, having the role to initiate and support action / activity is dominant, we will deal with passive, negative self-control to ensure the condition of delay or refuse. This will (passive) is maintained by the conventional medical system (allopathic). Base of holistic / complementary / integrative medicine is active will of the patient / subject.

AD bio-phyto-modulators therapy involves patient. There are patients willing to participate in the effort to recover their balance with the doctor / psychologist, step by step, and passive patients, who wait for the therapist to do everything for them and the remedy to everything without any of their effort.

If during the conventional medical treatment is prescribed a program for the patient so that healing is on the shoulder of the doctor, although patient cooperates in terms of administration of treatment, his attitude is considered unimportant. In contrast, patient will for participate to its own healing process is fundamental. Holistic treatment is performed during visualization techniques and application of the will – to the command and under the leadership of patient / subject and healing capacity of the remedy, possibly of the therapist too.

People with active will are self-motivated, believe in them, they are a priority, and power circuits are attached to their conscience, strength and emotional force. A self-motivated is able to do whatever it takes to keep the mind-body-spirit balance. We are meant to draw our inner resources, to find the strength to leave the beliefs and behaviors that aren't good for us.

Together with active will, positive thinking is actually an attitude that allows us to find easier solutions, the positive aspects of the situations we confront.

PARTICULAR CASE

Subject that we turn our attention presents a particularity: it is an adoptive parent. Imbalances reported in our subject's case occurred because of fear of telling that child that is adopted. NM, 44 years without major physical problems, and her husband have adopted a little girl and have raised her from age of 32.

N.M. and her husband agreed that the girl will never know the truth. Fear, anger that one day, husband or other person will reveal the "secret", develop feelings of sadness, malaise, irritability, guilt in case of our patient. Over time, however, N.M. unrest widened, reaching in a short time to depression and requiring medication. Besides these events, it developed headaches, insomnia, back pain and depression has evolved. "Black" thoughts, emotional troubles, inner tension are elements that have kept her like prisoner, causing isolation, inhibition, separate from the rest of the world, believing that through this would keep "secret" utmost scrupulously. Fear of possible reactions of the child, associated with fear of the reactions of others have only to run out, to tire, to drain energy, so that she accept complementary therapies for psycho-emotional balance. From studies about adoptive parent's psychology, it appears that most parents think to say that child is adopted, but now postpone this moment. Causes, besides the above, it is part of child's history that adoptive parents do not know how to answer to related questions they will receive from the child. Thus, in our case, parents have lived in a false reality. Here are another two reasons for why adoptive

parents prefer to keep secret: on the one hand because infertility is seen as a shameful handicap, and secondly because there is fear of the natural parent, which could interfere at any time in relationships family. Thus adoptive parents preferred to rewrite history and erase traces, actually. Adoptive parents hide the truth to protect themselves. They protect their own image and relationship with the child.

On 22/05/2010 the patient presents a set of medical tests which demonstrate existing of high cholesterol, triglycerides above normal value (the patient values over 11.5, so over the maximum value greater than optimal). Energy and functional computerized global evaluation reveals two major imbalances: the liver and gallbladder, on the one hand, and the autonomic nervous system, on the other. The changes are not morpho-functional, but energy.

There are located to the liver and gallbladder energy points on the 6th level and to the autonomic nervous system on 4th.

Overuse underlay major energy changes in the liver and gallbladder and the autonomic nervous system. If the liver is, physiologically, body's laboratory where toxins are filtered, from the energy point of view is emotions' laboratory.

Any negative emotions will mark the liver, and can get points of disorders also to morpho-functional level.

The emotional strain in the first place, plus the morphological and functional changes, not allowed unleashing of her emotional chains (in her own prison), which will stagnate in this "engine" organ and will generate major disruptions of energy body . Symptoms are part of the pressure, inhibition; the entire body is connected to states of concern, fear, irritability, **maladjustment**. "Weight" of these states that persists to lead back (like a burden) generates pain in the spine. Absence of attempts that get out of tension overburdens in the mean time neuro-motor areas. This exhibits headaches, insomnia and depression. Link liver - gall bladder – vegetative-nervous system is well defined in specialty literature about function of energy meridians. Thus, any emotional harmful effect (toxic) marks the liver and gall bladder, in terms of energy, and nervous system, after many attempts to neutralize this influence, turns end up being a carrier of "negative" information and energy.

The patient noted that between 23 – 3 (time) occurs the maximum reactions and symptoms that she described, which is not surprising. During 23 – 3 peak energy activities is located to the autonomic nervous system, which is the range best for sleep, quiet and soothing. Energy liver activity overlap between 23-1 and gall bladder activity between 1-3, cleared bi-univocal relationship between autonomic nervous system on the one hand, and liver-gall bladder meridian on the other. The patient decides to make a radical change in terms of her own thoughts, feelings, beliefs, and start the therapy using AD bio-phyto-modulators applied after bio-compatibility test realized with Oberon bioresonance device.

On 03/07/2010 the patient returns to control and "no longer recognize herself". Starting from the first night "slept like a baby". She was able to relax the entire body. He escaped from inhibitions, released a lot of harmful thoughts, calm, tried an introspection herself, making special efforts to overcome her and release the "emotional ties". Migraines and insomnia disappeared, back pain resolved, depression did not have manifested. He proposed to follow a program of reorganization which consider, in addition to a program of rest and relaxation, a general detoxification program and emotional release.

In terms of energy, liver, gall bladder and nervous system have undergone positive changes, being dominated by energy points on 2nd and 3rd levels. However, treatment is not completed, spectacular changes must be maintained, the patient/subject should be further supported and motivated to continue the detoxification program. What has impressed 12 years can not be transformed in a few weeks.

Perseverance, willingness to improve her, the firm wills are the dominant elements behind the patient and emotional energy rebalancing. To this, add the dialogue between therapist and patient - the role of reliable mediator. Basically we are dealing with an "active" patient, cooperation with the therapist is necessary for healing success. In other words, energy (emotional) connection between patient awareness and healing capacity of bio-phyto-modulators therapy is fundamental. Direct confrontation with the source of energy blockage causes self-motivation during energetic balancing process.

CONCLUSIONS

Although we are dealing with a very special case, in terms of adoptive parent status, however, a reconsideration of patient's attitudes and behaviors help the remedy to act dramatically in a relatively short time. Although there are not reported changes in "secret" disclosure to the child, the new way of approaching the topic of this issue must be supported by the therapist. Although leading psychologists recommend disclosing the exact identity of children between 2 and 4 years, feelings of fear associated with delayed revealing moment will persist. Direct confrontation with the child will bring true healing.

Viewed from the perspective of a dynamic pattern, health (steady state) is based on: active will → positive thinking → trust → remedy.

Involvement amid self-motivation, positive thinking and overwhelming force of conscience, heart impulses and therapy help maintain balance called health.